

# The Catholic Parish of Epping and Carlingford

## Diocese of Broken Bay

**Our Lady Help of Christians' Church**  
31 Oxford Street, Epping and

**St Gerard Majella Church**  
543 North Rocks Road, Carlingford



**Parish Priest: Fr Peter Dowd,**  
**Ph.:** 9876 2853  
**Email:** peter@eppcarl.org.au

**Assistant Priest: Fr Bogdan Skupien**  
**Ph.:** 9876 2853  
**Email:** Bogdan.Skupien@bbcatholic.org.au

**Email:** parish@eppcarl.org.au

**Parish Office: 9876 2853**

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

**YEAR A**

**FIFTEENTH SUNDAY IN ORDINARY TIME**

**12-07-20**

**Isaiah 55:10-11**

**Romans 8:18-23**

**Matthew 13:1-23**

CATHOLIC PARISH OF EPPING & CARLINGFORD

## WELCOME HOME! LET'S CELEBRATE TOGETHER

Fr Peter and Fr Bogdan, along with the entire parish family, warmly invite you and look forward to seeing you.

**4 JULY ONWARDS**  
**ALL SCHEDULED MASSES**  
**AVAILABLE AT BOTH CHURCHES**

Our Lady Help of Christians, Epping  
Saturday Vigil 5pm, Sunday 8:30am, 10:15am & 6pm

St Gerard Majella, Carlingford  
Saturday Vigil 6pm, Sunday 7:45am & 9:30am



**The Parish Website address is:**  
**[www.bbcatholic.org.au/eppingcarlingford](http://www.bbcatholic.org.au/eppingcarlingford)**

Dear sisters and brothers,

Firstly, today is "Sea Sunday" when the Church prays for all those who live and work at sea. This year marks the centenary of the Apostleship of the Sea. In 2020 the COVID-19 pandemic has highlighted the vulnerability of seafarers working on cruise ships, risking exposure to the virus, prevented from returning home, and caught in critical situations of isolation on sea vessels.

Stella Maris, Apostleship of the Sea, is the official maritime welfare agency of the Catholic Church that supports seafarers both practically and spiritually, attending to their welfare in many parts around Australia and elsewhere through Stella Maris Centres and Chaplaincies.

Chaplains, volunteers and staff visit to speak to the ship's crew, offer friendship, arrange Mass and attend Mass with them, listen to their needs and provide access to Wi-Fi or Internet so they can contact their families. Hospitality within Stella Maris Centres is also offered which provides an important break from work routines onboard.

An annual appeal runs on this day to support this ministry. Donations will provide practical and spiritual support to seafarers in these challenging times. Please give generously. Go to: [bit.ly/seasundayaustralia](http://bit.ly/seasundayaustralia)

Finally, a gentle reminder that receiving Holy Communion in the hand remains nominated in Australia in the ordinary form of the Latin Rite and is recommended especially during this period of COVID-19 emergency. It was St Cyril of Jerusalem who noted that when we receive in this way we "make a throne for the King with our hands"! Should people still wish to receive on the tongue, I request that they wait until last to minimise any chance of infection.

Whatever we do, let us not forget: "In essentials, unity; in doubtful matters, liberty; and in all things, charity!"

Fr Peter

## Welcome Back!

Due to the lifting of numerical restrictions in places of worship from 1 July announced recently by the state government, we have now returned to our normal Sunday and Saturday night Vigil roster of Masses. While there will be no upper limit on the number of people who can attend, we will still need to respect the 4 square metre rule between persons. From a practical perspective, this requirement will limit somewhat the actual numbers of people who can be present in the church. Still, couples and families can of course sit together without needing to physically distance themselves from each other. Coloured markers on the back of seats will also indicate the preferred seating of people to assist in ensuring we get the physical distancing correct.

**To give us some idea of possible numbers, could I ask people to either call on 9876 2853 or email the parish office to register for one of the weekend Masses. However, even if you haven't registered, current numbers would suggest we will still be able to accommodate you so please join us on the day even if you haven't registered.**

Everyone attending will need to sanitise their hands and record their name and contact details in the book provided in case of any need for COVID-19 tracing. I would also ask that at the conclusion of Mass you might use one of the wipes provided to clean around the area where you were sitting to assist with the cleaning of the church and place them in the bins provided.

Sunday Mass will continue, for the moment, to be live-streamed in a simpler form from one of the Saturday night Vigil Masses and then uploaded to our parish YouTube channel for later viewing.

Fr Peter

## Parish Mail Out

The parish sends out the Bulletin and Keep in Touch (KIT) by email each week.

*Keep in Touch* is emailed on a Monday and the *Bulletin* on a Friday from the parish office.

Do you receive a copy of these publications?

Could you please check your emails to see if you are receiving them. If not, and you would like to receive a copy please let Maree know by emailing: maree@eppcarl.org.au

Thank you for your help in this matter.

Denis McNamara



## Welcome to FORMED

"God our Saviour...desires all to be saved  
and to come to the knowledge of the truth."  
1 Tm 2:3-4

Recently the Diocese offered our parish the opportunity to subscribe to a set of online faith formation resources called **FORMED**. These resources can be accessed by individual parishioners for private study or by parish groups, schools etc.

Over coming weeks we will introduce you to **FORMED** and how you can login to our parish subscription.

### What is FORMED?

**FORMED** is a digital platform that gives your parish unprecedented access to video-based study programs, feature films, audio presentations, and eBooks from the Church's foremost presenters. Whether people are fallen away or deeply engaged, at the parish or on the go, **FORMED** helps you reach them anytime, anywhere.

**FORMED**—Supports an authentic, Catholic lifestyle.

**FORMED**—provides the very best Catholic content to parishes, families and individuals to explore their faith anywhere.

**FORMED**—comes from more than 60 organisations direct to your browser, mobile or connected device.

**FORMED**—enables content on the go with offline playback on your **mobile phone or tablet**. Supporting iOS and Android devices.

**FORMED**—provides faith-filled, engaging content direct to your living room with Roku, Apple TV, and Chromecast among others.

**WATCH**—The best in Catholic movies, children's programming, audio dramas and books, on a trusted and engaging entertainment alternative in support of a Catholic lifestyle.

**LEARN**—From reading Catholic experts,, Bible studies, sacramental prep materials, documentaries, books and audio talks to help you grow in understanding your faith.

**SHARE**—Our platform has never been easier to share the content with your family, your friends and help them engage via their mobile, tablet, or connected TV device.

### Why do we do that? Incense?

The ancient world was a smellier place than the modern world! Fragrant incense covered the unpleasant smells! Eventually, ownership of incense came to be a sign of honour and dignity and it adorned the houses of the wealthier members of society. It also came to have a religious symbolism: - it signifies the divine 'fragrance' of the presence of God - the smoke rising is a symbol of our prayers, our spirit, rising as a sacrifice of praise to God - it was a sign of honour: it was carried in procession before high officials and burnt in the residences of important people. This Roman symbolism came to be carried over into the Christian liturgy: celebrant and people were incensed as a sign of their dignity under God, another case of liturgy borrowing from life - taking a common thing and using it as a symbol of spiritual things.

### PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	12/07/20	7:45am	Mass at St Gerard's Church
		8:30am	Mass at OLHC Church
		9:30am	Mass at St Gerard's Church
		10:15am	Mass at OLHC Church
		6:00pm	Mass at OLHC Church
Mon	13/07/20	9:30am	Mass at St Gerard's Church
Tue	14/07/20	12:15pm	Mass at OLHC Church
Wed	15/07/20	9:15am	Mass at OLHC Church
		9:30am	Mass at St Gerard's Church
Thur	16/07/20	9:30am	Mass at St Gerard's Church
		12:15pm	Mass at OLHC Church
Fri	17/07/20	9:30am	Mass at St Gerard's Church
		12:15pm	Mass at OLHC Church
Sat	18/07/20	9:15am	Mass at OLHC Church
		9:45am	Exposition and Reconciliation
		10:20am	Benediction
		5:00pm	Reconciliation at St Gerard's
		5:00pm	Vigil Mass at OLHC Church
		6:00pm	Vigil Mass at St Gerard's Church

PH—Parish Hall, CH—Church, PMR— Parish Meeting Room

### PLANNED GIVING ENVELOPES

Just a reminder that your new Planned Giving Envelopes for 2020/2021 are available for collection from the back of the Churches.

Receipts will be available towards the end of July 2020.

If you don't have envelopes and would like a pack, or if you would like to contribute by credit card or direct debit please contact Dennis Porteous in the Parish Office.



**St Vincent de Paul Society**  
NSW  
*good works*

### COVID-19 WINTER APPEAL

The St Vincent de Paul Society is calling for donations to the Vinnies COVID-19 Winter Appeal. In past years, the parishioners of Epping and Carlingford have been very generous with their donations and we thank you very much for your generosity. This year however, it is even more important that you support our Winter Appeal, due to Covid-19 coronavirus. So please consider helping Vinnies help those in our community doing it tough due to coronavirus by donating to the Covid-19 Winter Appeal.

Every dollar you donate will help people to feed their families, put petrol in the car and keep warm during winter – more important than ever during the current health crisis.

Please visit [www.vinnies.org.au](http://www.vinnies.org.au) or telephone 13 18 12, or complete an envelope available at the back of the church in Epping and Carlingford.

**Thank You for Your Support**

### PARISH STAFF

**Parish Secretary:**  
**Dennis Porteous** Ph.: 9876 2853  
Email: dennis@eppcarl.org.au

**Asst. Parish Secretary:**  
**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Pastoral Care Assistant:**  
**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Parish Support Worker (PSW)**  
**Sacramental Programmes and Children's Ministries**  
**Lynn Siau**

Ph.: 0407 255 593  
Email: lynn@eppcarl.org.au

**Sacramental Programme Assistant:**  
**Lisha Abraham**  
Ph.: 0407 255 593  
Email: kids.sacrament@eppcarl.org.au

**Pastoral Support Worker (PSW) Youth:**  
**Joanna Mak**  
Ph.: 0404 710 588  
Email: joanna@eppcarl.org.au

**Missionary Discipleship Coordinator:**  
**Denis McNamara**

Ph.: 0410 041 944  
Email: denis.mcnamara@eppcarl.org.au

**Parish Pastoral Council**

If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to [ppsecretary@eppcarl.org.au](mailto:ppsecretary@eppcarl.org.au)

### Parish Radio Station



We would like to invite you to be part of Parish Radio Station. If you willing to share with the Parish your talents, you are most welcome.

We need volunteers who can:

Host the program, Host the prayers,  
Talk on their favourite topics  
IT people, Technicians

If you have that skills or you open to learn the new one, please join us.

Meeting every Thursday at 8pm in the PMR at Epping.

Fr Bogdan

### Men of St. Joseph



Men of St Joseph is a group of Catholic men who want to pray together, grow spiritually, share their experiences and support one another. The group discusses our spiritual and daily issues and helps us to be the better people, members of the Church and of our families.

Enquiries to Fr Bogdan by emailing:  
[Bogdan.Skupien@bbcatholic.org.au](mailto:Bogdan.Skupien@bbcatholic.org.au)

Fr Peter and Fr Bogdan



From Lynn's desk .....

### Children's Ministries

I live-streamed a Kidz Word session on Sunday from the parish meeting room at St. Gerard's the week before last. It was the last live-streamed session for the term. The reading taught the children about priorities and the idea of hospitality: *"Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it. Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me."* (Matthew 10:37-40).

When I asked the children, what they could do to put God first everyday as soon as they wake, they typed in beautiful answers such as "Pray", "Thank God" and "Go to Mass"! On the topic of Welcoming, I told them that Kidz Word will be held in the parish meeting room at both our churches from Term 3 onwards, and that we will be welcoming them back with big smiles and heaps of activities.

I will be on leave for a week and would like to wish parents with school-aged children a wonderful break (from making school lunches)!

Lynn Siau  
Sacramental Programme and Children's Ministries  
0407 255 593  
[lynn@eppcarl.org.au](mailto:lynn@eppcarl.org.au)

### Position Vacant - Facilities & WHS Officer, Catholic Diocese of Broken Bay

The Chancery of the Catholic Diocese of Broken Bay is recruiting for the role of **Facilities & WHS Officer**. This is a full time, one year fixed term role based at Pennant Hills.

The Facilities & WHS Officer provides facilities management and expertise in maintaining Diocesan assets as well as assisting with the coordination and management of Chancery and Parish WHS responsibilities.

For the full advertisement see the **Positions Vacant** page of the Diocesan website: <https://www.bbcatholic.org.au/people/positions-vacant>

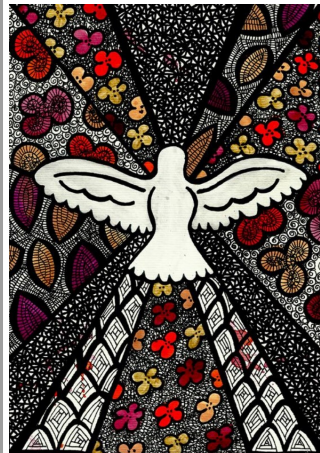
### Keep in Touch (KIT)

*Keep informed, keep exploring, keep on thinking about the things that matter the most and move us.*

*If you would like to receive Keep in Touch please forward your email address to the parish office, contact number: 9876 2853 email: [maree@eppcarl.org.au](mailto:maree@eppcarl.org.au)*



Keep  
In  
Touch



CATHOLIC PARISH OF  
EPPING &  
CARLINGFORD



## SACRAMENT OF CONFIRMATION

For children who have been  
baptised and in Year 2 & above

Invitation to Enquire now

email: [lynn@eppcarl.org.au](mailto:lynn@eppcarl.org.au)  
phone: 0407 255 593

Lynn Siau  
Sacramental Programme and Children's Ministries  
0407 255 593  
[lynn@eppcarl.org.au](mailto:lynn@eppcarl.org.au)

### Prayer Requests

Do you have a prayer request - especially during the difficult times each of us is facing.

Do You Have  
A Prayer Request?  
Please Let Us Know



If you would like to pray  
for any special intention  
Send your request to:

**Bog-**  
[dan.Skupien@bbcatholic.org.au](mailto:dan.Skupien@bbcatholic.org.au)  
or Facebook link:  
<https://form.jotform.com/201323501410837>

We are more than happy to pray for you!

### Parish Office

The parish office will be closed next Monday afternoon—13th July.



## Reflection on the Sunday's Gospel

Hear ~ **The Word of the Lord**

The prophet was inspired by God to write, "**The word that goes from my mouth does not return to me empty, without carrying out my will and succeeding in what it was sent to do.**" Is 55:11

This word is God communicating God's care for us. We hear God's purpose and God's plan for us.

Paul tells the Christians in Rome that suffering leads to **our bodies being set free**, in a new earth and a new creation.

*Creation is eagerly waiting for God to reveal his sons - and daughters.*

*It was unable to attain its purpose, but **creation still retains the hope of being freed, like us.***

***Creation has been groaning** in one great act of giving birth;*

*Not only creation, but all of who possess the first fruits of the Spirit;*

***we too groan inwardly** as we wait for our bodies to be set free. Rm 8:19-23*

Hear ~ **The Gospel of the Lord**

Jesus said, *You are to hear the parable of the sower.*

Seed fell in four places with four responses.

First *received the seed on the edge of the path hears the word without understanding, the evil one carries off what was sown*

Second *received the seed on patches of rock hears the word and welcome it with joy, but has no root and does not last, some persecution comes and falls away*

Third *received the seed in thorns hears the word but the worries of this world and lure of riches choke the word and produces nothing*

Fourth *received the seed in rich soil hears the word and understands the word and produces a hundredfold, sixty, thirty. Mt 13: 18-23 (verses rearranged)*

How do we **respond to the Lord**?

Only you know what God's word revealed to you and what God is asking of you. May the word that comes to you, **carry out God's will** in your life.

Our response is to pray to the Lord.

Make us aware of danger, so rocks or thorns or evil do not stop us from producing fruit.

Turn us into rich soil, so the gifts you give grow to produce what you make possible in our lives ~ a hundredfold, sixtyfold, thirtyfold. May the fruit we produce benefit those near to us and be a blessing for those not known to us.

**Denis McNamara**

*Supporting Missionary Disciples*

## OUR PARISH ANTIOCH COMMUNITY Meeting this Sunday 12 July

Why not come along to the Antioch meeting to hear a great talk, join in discussion time get into some awesome **music**, take time out for **prayer** and **meet** people.

The meeting starts at **6pm** in the **parish meeting room at Carlingford**.

So head on down and bring a friend.

For more information call  
**Joanne 0416 030 927**

"It was at Antioch the believers were first called Christians."

## CANA: OUR Yr. 7-9 YOUTH GROUP

Our Cana (year 7-9) youth group meetings is currently postponed.

If you want to stay in touch, please email or message Joanna  
(email: [joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au)  
or mobile: 0404 710 588)  
to receive weekly Cana newsletters and updates.

## Parish Bible Reading Group

Our Bible reading group will start reading Luke from the 29<sup>th</sup> June. Join us via our Facebook group via this link <https://www.facebook.com/groups/1148887152176778/> or join our Whatsapp group by texting Luke24 to Joanna on 0404 710

## How to Scan QR Codes on Your Phone

\*To scan a QR code, you need a smartphone with a camera and, in some cases, a mobile app. An iPhone running iOS 11 (or later) comes with a built-in QR reader in its camera. Other smartphones may require that you download a mobile app, which you can easily obtain from your app store free of charge.

When you want to scan a QR code, launch the app and point your smartphone at it; you will then either see the code's information or get a prompt to open a URL.

Be sure to check the URL matches our parish online site before inputting any credentials, something you should already be doing anyway. \*Source: lifewire.com

**Live-streaming of Weekday Mass** Our parish has been welcoming parishioners back for weekday Mass in increasing numbers. It has been so lovely to see familiar faces transitioning from our "online church" back to both our churches in person! Keeping in mind leaving home is still not an option for some at the present time, we will now live-stream our parish weekday Mass from our parish Facebook page on **Tuesday at 12:15pm from Epping and Wednesday at 9:30am from Carlingford**. We hope live-streaming our weekday Mass gives you the opportunity to join us in prayer using this link: <https://www.facebook.com/CatholicParishOfEppingAndCarlingford/>

Alternatively, you can use your mobile phone to scan this QR code below which will take you directly to our parish Facebook page:



## Reflection on this Sunday's Gospel—The Abundance of God As An Invitation to Generosity

The sun is extraordinarily generous, giving huge parts of itself away every second.

Scientists tell us that every second, inside the sun, the equivalent of 4 million elephants are being transformed into light, an irretrievable, one-time gift. The sun is giving itself away. If this generosity should halt, all energy would eventually lose its source and everything would die and become inert. We, and everything on our planet, live because of the generosity of the sun.

In this generosity, the sun reflects the abundance of God, a largesse that invites us to also be generous, to have big-hearts, to risk more in giving ourselves away in self-sacrifice, to witness to God's abundance.

<p>God, from everything we can see, is so rich in love and mercy that he can afford to be wasteful.</p>	<p>But this isn't easy. Instinctually we move more naturally to self-preservation and security. By nature we fear and we hoard. Because of this, whether we are poor or not, we tend to work out of a sense of scarcity, fearing always that we don't have enough, that there isn't enough, and that we need to be careful in what we give away, that we can't afford to be too generous.</p> <p>But God belies this, as does nature. God is prodigal, abundant, generous, and wasteful beyond our small fears and imaginations. Nature too is stunningly overwhelming and prodigal. The scope of our universe, even just in so far as we know it, is almost unimaginable. So too is the abundance and prodigal character of God.</p>
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We see this, for instance, in the biblical parable of the Sower: The Sower, God, whom Jesus describes, is not a calculating person who sows his grain carefully and discriminately only into worthy soil. This Sower scatters seeds indiscriminately everywhere: on the road, in the bushes, in the rocks, into barren soil, as well as into good soil. He has, it seems, unlimited seeds and so he works from a generous sense of abundance rather than from a guarded sense of scarcity. We see that same abundance in the parable of the vineyard owner, where the owner, God, gives a full day's wage to everybody, whether they worked the full day or not. God, we are told, has limitless wealth and is not stingy in giving it out.

God is equally as prodigal and generous in forgiveness, as we see, in the gospels. In the parable of the Father who forgives the prodigal son we see a person who can forgive out of a richness that dwarfs dignity and calculated cost to self. And we see this same largesse in Jesus himself as he forgives both those who executed him and those who abandoned him during his execution.

God, from everything we can see, is so rich in love and mercy that he can afford to be wasteful, over-generous, non-calculating, non-discriminating, incredibly risk-taking, and big-hearted beyond our imaginations.

And that's the invitation: to have a sense of God's abundance so as to risk always a bigger heart and generosity beyond the instinctual fear that has us believe that, because things seem scarce, we need to be more calculating.

The Gospel of Luke has one of the strongest social justice messages in all of scripture (every sixth line is a direct challenge for justice for the poor) and yet, in Luke's Gospel, Jesus, while warning about the danger of wealth, does not condemn the rich or riches. Rather he makes a distinction between the generous rich and the miserly rich. The former are good because they radiate and incarnate God's abundance and generosity while the latter are bad because they belie God's abundance, generosity, and huge heart.

Jesus assures us that the measure we measure out is the measure that we ourselves will receive in return. In essence, that says that the air we breathe out will be the air we re-inhale. That isn't just true ecologically. It is a broad truth for life in general. If we breathe out miserliness, we will re-inhale miserliness; if we breathe out pettiness, we will breathe in pettiness; if we breathe out bitterness, then bitterness will be the air that surrounds us; and if we breathe out a sense of scarcity that makes us calculate and be fearful, then calculation and fearfulness will be the air we re-inhale. But, if aware of God's abundance, we breathe out generosity and forgiveness, we will breathe in the air of generosity and forgiveness. We re-inhale what we exhale.

I have never met a truly generous man or woman who didn't say that, always, he or she received more in return than he or she gave out. And I have never met a truly big-hearted man or woman who lived out of a sense of scarcity. To be generous and big-hearted we have to first trust in God's abundance and generosity.

From that abundance we get a sun that is generous and a universe that is too huge and prodigal to be imagined. That's a challenge not just to the mind and the imagination, but especially to the heart—for it to become huge and generous.

Ron Rolheiser

*Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, [www.ronrolheiser.com](http://www.ronrolheiser.com).*

**GLORIA**

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
**Amen.**

**THE NICENE CREED**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven, (all bow)  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and  
glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.  
**Amen.**

**ECUMENICAL RELATIONSHIPS** Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West, Epping Uniting Church and Epping Baptist Church.

**After Hours Sick Calls— 9876 2853**

Outside office hours our office phones divert to Fr Peter and Fr Bogdan at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

**Have You Told Us?**

If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

**Our Lady Help Of Christians Catholic Primary School**

Principal: Ms Dominique O'Sullivan

8 Cambridge Street, Epping 2121 Ph: 9868 3322

[www.olhcdbb.catholic.edu.au](http://www.olhcdbb.catholic.edu.au)

Email: [olhc@dbb.catholic.edu.au](mailto:olhc@dbb.catholic.edu.au)

**St Gerard's Catholic Primary School**

Principal: Mrs Barbara Yee  
543 North Rocks Road, Carlingford  
2118

P: 9871 1633

[www.sgcdbb.catholic.edu](http://www.sgcdbb.catholic.edu)



**Admitted to Hospital** A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

**EPPING ALTAR SOCIETY**

is looking for volunteers to help out with the arrangement of flowers, cleaning the sacristy, looking after the washing and ironing and occasionally help polish the brass and silverware. If you can help please contact the parish office on 9876 2853 or Email: [maree@eppcarl.org.au](mailto:maree@eppcarl.org.au)

**K6 TUTORING**

Literacy | Maths | Naplan

Local tutor with 20 years experience  
teaching primary students.

CONTACT URSULA SIMPSON

0409 366 063

[ursula@k6tutoring.com.au](mailto:ursula@k6tutoring.com.au)

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WN BULL  
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**Responsorial Psalm Response**

Ps 64:10-14 R Lk 8:8

The seed that falls on good ground will yield a fruitful harvest.

**Gospel Acclamation****Alleluia, alleluia!**

The seed is the word of God, Christ is the sower, all who come to him will live for ever.

**Alleluia!****WEEKEND MASSES****Please note, we must adhere to social distancing within the churches.****EPPING****5:00PM VIGIL, 8:30AM, 10:15AM, 6:00PM****CARLINGFORD****6:00PM VIGIL, 7:45AM, 9:30AM****WEEKDAY MASSES**

	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am
<b>CARLINGFORD</b>	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass

**EPPING****CARLINGFORD****HEALING MASSES****Carlingford: 1st Thursday of the month. Epping: 3rd Wednesday of the month.****EXPOSITION OF THE EUCHARIST: Epping** Saturday 12:30pm -1:00pm, **Carlingford**, 4th Thursday 10:00am**SACRAMENT OF RECONCILIATION: Epping** Saturday 9:45—10:15am **Carlingford** Saturday 5:00pm—5:30pm  
**OR BY APPOINTMENT****BAPTISMS AND WEDDINGS: BY APPOINTMENT****PARISH OFFICE:** 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au**ST GERARD MAJELLA PRIMARY SCHOOL: PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au**OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:****Recently deceased:** Delma Soria, Sr. Sophie McGrath, Mary Pegg, Camille Thurecht, Marge Hanlon, Colleen Luciw, Roger La Grange, Brian Dias.

*Please pray for Ethne Fisher who died last Thursday  
For details of the funeral arrangements please contact the parish office.*

**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsys, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng, Peck Quah, Dorothy Bonaccorso, Narelda & Alan Ryan, Kit Smith, Margaret Floyd, Barbara Madafiglio, John Lyons, Howard, Carey, Bev Gibbeson, Bill Saul, Carole Wilson, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley, Agnes Wong, Irene De Nadi, Alf Sharpe.

*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the family.*

**Supporting our Parish Financially**

A number of people have enquired as to how they can continue their financial support for the parish during this difficult time. We realise that this may not be possible in the light of growing unemployment and reductions in superannuation returns at the moment and **there is absolutely no pressure on anyone to contribute!**

**The First Collection** Supports the needs of the priests of the parish, the retired priests of the diocese and the Bishop.

**The Second Collection** Money from the Second Collection supports the running costs of the parish including the payment of staff. If you are able to contribute, the Church account details are shown below:

**Epping and Carlingford Parish Accounts for Internet Banking with the Commonwealth Bank****First Collection BSB 062 784 A/C No 858 8002****Second Collection BSB 062 784 A/C No 858 8001**

In order to record planned giving in the parish office, we would suggest the reference be planned giving number where applicable and surname.

**Thank you to all those who have made financial contributions. Your support is very much appreciated.**

Date	Mass	Epping	Mass	Carlingford
18/07/20	5:00pm	Fr Peter Dowd	6:00pm	Fr Bogdan Skupien
19/07/20	8:30am	Fr Peter Dowd	7:45am	Fr Bogdan Skupien
19/07/20	10:15am	Fr Peter Dowd	9:30am	Fr Bogdan Skupien
19/07/20	6:00pm	Fr Peter Dowd		

